

## Taking a Gap Year

In an ordinary year, roughly 2% of college-bound high school graduates choose to take a gap year prior to attending college. Many spend the time traveling internationally, volunteering with a non-profit organization, interning, or getting a job to save money and gain some “real life” experience. These types of gap years can pay dividends in a variety of ways including, according to research studies: higher GPAs, heightened motivation to learn, maturity and even increased career satisfaction down the line. However, my caution to parents is that you know your student; and to student, that you know yourself. For some it can be very difficult to take a year off and then get back into the academic groove.

### Things to Consider

- Not all colleges allow students to take a gap year. ASK.
- Most require you to get approval for a gap year on a case-by-case basis.
- Some colleges will require you to reapply.
- Some schools will not hold your scholarship for a full year—you will need to resubmit your FAFSA.
- If the Gap program offers college courses, have a conversation about this with the college you are choosing. Typically taking courses as a HS graduate and then sending them to a different college, throws the student into transfer status and the scholarship will suffer.

### Some Suggestions for Programs that give opportunity for 21-22

How To Take a Gap Year in 2021(GoOverSeas) Free Virtual Seminar :Pre-register here once, for free access to 15 different events. They start 2/1 -

<https://www.eventbrite.com/e/how-to-take-a-gap-year-the-ultimate-crash-course-registration-133191414105?aff=GYA>

National USA Gap Year Fair by GoOverSeas -

<https://www.eventbrite.com/e/national-usa-gap-year-fair-2021-registration-131821265955?aff=GYA>

World Race - <https://www.worldrace.org/2021-mission-trips-the-effect-of-covid-19/>

Kanakuk Link Year - <https://www.linkyear.com/visit-link-year>

GoOverSeas - <https://www.gooverseas.com/gap-year>

Experience Mission Gap Year Programs -

<https://experiencemission.org/christian-gap-year-programs>

Denver Gap Year - <https://www.denvergapyear.com/program>